

Model Curriculum

Pressman

SECTOR: APPAREL, MADE-UP'S AND HOME FURNISHING
SUB-SECTOR: Apparel / Made-Up's / Home Furnishing
OCCUPATION: Ironing
REF ID: AMH/Q0401, v1.0
NSQF LEVEL: 4



Certificate

CURRICULUM COMPLIANCE TO QUALIFICATION PACK – NATIONAL OCCUPATIONAL STANDARDS

is hereby issued by the

APPAREL MADE-UPS AND HOME FURNISHING SECTOR SKILL COUNCIL

for the

MODEL CURRICULUM

Complying to National Occupational Standards of
Job Role/ Qualification Pack: '**Pressman**'
QP No. '**AMH/Qo4o1 NSQF Level 4**'

Date of Issuance: May 2nd, 2019

Valid up to*: May 2nd, 2023

*Valid up to the next review date of the Qualification Pack


Authorised Signatory
(Apparel Made-ups And Home Furnishing Sector Skill Council)

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Pressman

CURRICULUM / SYLLABUS

This program is aimed at training candidates for the job of a “Pressman”, in the “Apparel, Made-Ups and Home Furnishing” Sector/Industry and aims at building the following key competencies amongst the learner

Program Name	Pressman		
Qualification Pack Name and Reference ID.	AMH/Q0401, v1.0		
Version No.	1.0	Version Update Date	02/05/2019
Pre-requisites to Training	Preferably Class V		
Training Outcomes	<p>After completing this programme, participants will be able to:</p> <ul style="list-style-type: none"> • Carry out ironing activities in stitching and finishing operations. • Maintain work area, tools and machines. • Maintain health, safety and security at workplace. • Comply with industry, regulatory and organizational requirements. 		

Sr. No.	Module	Key Learning Outcomes	Equipment Required
		<ul style="list-style-type: none"> Describe different types of garments and their ironing requirements. Interpret work instructions from the job sheet. State the standard operating procedure of the organisation. State potential hazards associated with the machines and the safety precautions that must be taken. Describe safety precautions to be taken when ironing the garments. Describe various types and parts of apparels. Describe the characteristics of the materials and how they differ with each other. Explain various parts of a garment (pockets, fronts, backs, collars, cuffs, sleeves, etc.) Select the correct pattern and inserts for the style being worked on. Describe how to mould garment to the body contours. Carry out alterations to meet customer requirements. State importance of removing or creating creases on the garments. Ensure the creases are removed or applied as per the customer's requirements. Identify folding procedures applicable as per different garment. Ensure the garments are inserted with the inserts and folded as per the work instruction. 	
3	<p>Iron garments to finish apparels</p> <p>Theory Duration (hh:mm) 20:00</p> <p>Practical Duration (hh:mm) 75:00</p> <p>Corresponding NOS Code AMH/N0401</p>	<ul style="list-style-type: none"> Identify the different kinds of ironing required for different parts and apparel and ensure they are ironed as per the specified requirement. Explain the range of ironing techniques most suited to the different types of apparel. Examine the specific garment to identify what type of ironing is best suited. Estimate the expected length of time for the process. Describe various types and parts of industrial ironing table (eg: vacuum/blowing functions). Describe various types of bucks. Explain the processes of under pressing, rough pressing and final pressing. Describe the process of pleating. Describe common factors which affect ironing process. 	<p>Ironing Workstation with stools, Students Chairs With Table Arms, Pressing Table, White Board/ Black Board, Tailor's Chalk, Hangers, Brush, Non-Stretch Woven Cover, Clamps, Pressing Templates, Irons, Steamers, Steam Air Dummies, Assembling and Shaping Equipment, Garments, Home Furnishing, made ups articles, Quality Tag, Dress Form (size medium, male or female), Packing Trims (assortment), Packing Boxes, Fusing Tape, Apron, Protective Gloves, Care</p>

Sr. No.	Module	Key Learning Outcomes	Equipment Required
		<ul style="list-style-type: none"> • Explain various types of ironing machine and its parts. • State the manufacturer's instructions for setting up, adjusting and operating the equipment. • Set up the ironing machine according to manufacturers' instructions and production requirements. • Use the correct machine, tools and equipment. • Describe various parts of a boiler. • Describe setting up and adjusting of machine controls. • Select machine controls for the materials being ironed. • Conduct a test run to ensure machine is operating correctly. • Adjust machine controls where necessary. • Ensure that the garments are not stained or burned during the process. • Describe the actions to take in the event of a machine ceasing to function correctly. • Ensure that the iron box is placed in the appropriate position as per the standard operating procedure. • Identify the modifiable defects. • Respond accordingly where ironed items do not meet production specification. • Describe the problems encountered when ironing different types of apparels. • Identify different types of ironing defects. • Report any damaged work to the responsible person. • Follow company reporting procedures about defective tools and machines which affect work and report risks/ problems likely to affect services to the relevant person promptly and accurately. • Sort and place work to assist the next stage of production and minimize the risk of damage. • Identify mark and place rejects in the designated locations. • State the manufacturer's specifications and instructions for maintenance of equipment. • Describe the importance of care labels. • Complete forms, records and other documentation. • Carry out work functions in line with the responsibilities of own job role. • Carry out operations at a rate which maintains work flow and meets production targets. • State guidelines for storage and disposal of 	<p>Labels, Cap, Boiler, Bucks, Scissors, Absorbent Pad, Dry Cleaning Solvent, Defect List and swatches, Basic Stationary Items, Dustbin, Distilled Water, Sleeve Board, Sleeve Roll, Clapper, Test Cloth, Trainers Chair and table, White Board Marker/Chalk, Duster, Fire Extinguisher, First Aid Box, Students Manual, Projector /LCD.</p>

Sr. No.	Module	Key Learning Outcomes	Equipment Required
		<p>manufacturer's and organizational requirements.</p> <ul style="list-style-type: none"> • Ensure safe handling and movement of waste and debris. • State importance of sound health, hygiene and good habits. • Describe ill-effects of alcohol, tobacco and drugs. • Maintain a healthy lifestyle and guard against dependency on intoxicants. 	
6	<p>Comply with Industry, regulatory and organizational requirements</p> <p>Theory Duration (hh:mm) 10:00</p> <p>Practical Duration (hh:mm) 08:00</p> <p>Corresponding NOS Code AMH/N0104</p>	<ul style="list-style-type: none"> • State the benefits of following organisational norms for values and ethics. • State the importance of punctuality and marking timely attendance. • Carry out work functions in accordance with legislation and regulations, organizational guidelines and procedures. • State customer specific requirements mandated as a part of the work process. • State country/customer specific regulations for the apparel sector and their importance. • State reporting procedure of the organisation in case of deviations. • Identify and report any possible deviation to regulatory requirements. • Clarify doubts/queries related to policies and procedures, from the supervisor or other authorized personnel. • Follow organisational policies and procedures within limits of self-authority. • Provide support to the supervisor and team members in enforcing the organisational considerations. 	Training kit (Trainer guide, Presentations).
7	<p>Soft Skills</p> <p>Theory Duration (hh:mm) 03:00</p> <p>Practical Duration (hh:mm) 02:00</p> <p>Corresponding NOS Code Bridge Module</p>	<ul style="list-style-type: none"> • Explain the importance of effective communication. • Communicate effectively with others. • Identify and follow personal grooming and hygiene. • Follow organization procedures and maintain personal health and hygiene and avoid habits like ghutka, tobacco etc. • Interact effectively in a group. • Manage time effectively. • Explain the importance of a resume. • Prepare a resume. • Prepare for interviews. 	White /Black Board with Marker and Chalk, Duster
	<p>Total Duration 270:00</p> <p>Theory Duration 85:00</p>	<p>Unique Equipment Required: Ironing Workstation with stools, Students Chairs With Table Arms, Pressing Table, White Board/ Black Board, Tailor's Chalk, Hangers, Brush, Non-Stretch Woven Cover, Clamps, Pressing Templates, Irons, Steamers, Steam Air Dummies, Assembling and Shaping Equipment, Garments, Home Furnishing , made-ups articles, Quality Tag, Dress Form(size medium, male or female), Packing Trims(assortment), Packing Boxes, Fusing Tape, Apron, Protective</p>	

Sr. No.	Module	Key Learning Outcomes	Equipment Required
	Practical Duration 185:00	Gloves, Care Labels, Cap, Boiler, Bucks, Scissors, Absorbent Pad, Dry Cleaning Solvent, Defect List and swatches, Basic Stationary Items, Dustbin, Distilled Water, Sleeve Board, Sleeve Roll, Clapper, Test Cloth, Trainers Chair and table, White Board Marker/Chalk, Duster, Fire Extinguisher, First Aid Box, Students Manual, Projector /LCD.	

Grand Total Course Duration: 270 Hours, 0 Minutes

(This syllabus/ curriculum has been approved by Apparel, Made-Ups and Home Furnishing Sector Skill Council)

Trainer Prerequisites for Job role: “Pressman” mapped to Qualification Pack: “AMH/Q0401, v1.0”

Sr. No.	Area	Details
1	Description	To deliver accredited training service, mapping to the curriculum detailed above, in accordance with Qualification Pack “ <u>AMH/Q0401, v1.0</u> ”
2	Personal Attributes	The candidate should have aptitude for conducting training, pre /post work to ensure competent, employable candidates at the end of training. Strong communication skills, interpersonal skills, ability to work as team; diligent and is passionate for maintaining the quality in content and training delivery methodology. Candidate should have basic understanding of English language; however, this should not be a restrictive criterion as long as the candidate is willing and open to learn. He/she must be able to speak, read and write in the local language.
3	Minimum Educational Qualifications	<ul style="list-style-type: none"> • The candidate should be 10th pass with six years supervisory experience in relevant trade • Certificate in relevant trade of minimum 6 months duration • Diploma of minimum 1 year duration in the relevant trade • ITI in relevant trade • Graduate in the relevant trade
4a	Domain Certification	Certified for Job Role: “ <u>Pressman</u> ” mapped to QP: “ <u>AMH/Q0401, v1.0</u> ”. Minimum accepted score is 80%
4b	Platform Certification	Recommended that the Trainer is certified for the Job Role: “ <u>Trainer</u> ”, mapped to the Qualification Pack: “ <u>MEP/Q2601</u> ”. Minimum accepted score as per MEPSC guidelines is 80%.
5	Experience	<ul style="list-style-type: none"> • The candidate should be 10th pass with six years supervisory experience in relevant trade. • Certificate of minimum six months duration in relevant trade with 4 years of work experience in relevant trade. • Diploma of minimum 1 year duration in the relevant trade with 2 years of work experience in relevant trade. • ITI in relevant trade with minimum 2 years of work experience in relevant trade. • Graduation in relevant trade with minimum 2 years of work experience in relevant trade. • He should be able to communicate in English and local language. • He should have knowledge of equipment, tools, material, safety, health and hygiene.

	PC13. Carry out periodic walk-through to keep work area free from hazards and obstructions if any		4	1	2	1
	PC14. Report hazards and potential risks/ threats to supervisors or other authorized personnel		4	1	2	1
	PC15. Participate in mock drills/ evacuation procedures organized at the workplace		4	1	2	1
	PC16. Undertake first aid, fire-fighting and emergency response training, if asked to do so		12	4	6	2
	PC17. Take action based on instructions in the event of fire, emergencies or accidents		4	1	2	1
	PC18. Follow organization procedures for shutdown and evacuation when required		4	1	1	2
		Total	100	28	45	27
4. AMH/N0104 Comply with industry, regulatory and organizational requirements	PC1. Carry out work functions in accordance with legislation and regulations, organizational guidelines and procedures	50	10	2	5	3
	PC2. Seek and obtain clarifications on policies and procedures, from your supervisor or other authorized personnel		10	3	5	2
	PC3. Apply and follow these policies and procedures within your work practices		10	5	3	2
	PC4. Providesupport to your supervisor and team members in enforcing these considerations		10	2	4	4
	PC5. Identify and report any possible deviation to the requirement.		10	2	3	5
		Total	50	14	20	16
Grand Total			420	115	185	120