

Rajasthan Skill and Livelihoods Development corporation

(A Government of Rajasthan enterprise)

RAJKViK - Course Module

A - (General Information)

Name of the Sector	:	Sports_Physical_Education_Fitness_and_Leisure		
Name of the Course / Module	:	Fitness Trainer		
QP Code for domain module	:	SPF/Q1102		
NSQF Level	:	4		
Batch Size	:	30 Trainees Max.		
Total Duration of training including Softskill (Hours)	:	350 Hours		
Theory		Practical	IT & Softskills	Total Duration
60 Hours		190 Hours	100 Hours	350 Hours
Common Norms Cost Category	:	II		
Content Status	:	Yes		
Trainee Min. Qualification	:	12th Class		

B - (Space Norms)

1- Mandatory Minimum Lab size(in Square Feet for batch of 30 students)	:	1000 Square Feet
2- Do you allow Hybrid arrangement (Lab + Classroom) Yes/ No	:	Yes
3- Is there any Additional Training Area required (apart from Lab or Classroom)	:	No
4- Is requirement in column 3 mandatory If Yes, TC would be rejected in case of non-compliance	:	No
5- Minimum Carpet Area of additional Training Area in sq ft (Refer to point no. 3)	:	0
6- Can the lab for this Job Role be treated as IT Lab (IT lab implies the lab for Soft Skills)	:	No
7- Remarks	:	-

Note :-

1. Class Room Size 1 Sq. Mtr. Per Trainee.
2. Hybrid arrangement is also allowed with a condition that the area of Hybrid room should be minimum of 120% of the size of the bigger of the two rooms (Classroom or Lab).
(example: if Classroom is 200 sq ft., and Lab is 400 sq. ft., then Hybrid room should be 480 sq ft at least).