

Rajasthan Skill & Livelihoods Development Corporation

1. Module Name	Facial Therapist
2. Sector	Beauty Culture & Hair Dressing
3. Entry Qualification	Minimum 8 th Pass
4. Minimum Age (in years)	15
5. Duration	54 days/ 324 hrs.
6. Provision of Tool kit	Yes
7. Terminal Competency	<p>After completion of the course the trainee will be able to:</p> <ul style="list-style-type: none"> ➤ demonstrate professional ethics and safety precautions in handling electrical equipment; ➤ undertake sterilization and sanitation; ➤ identify, select and arrange tools and equipment and assist in threading, manicure, pedicure facial, bleaching and decorate hands and feet; ➤ provide various types of hair removing treatments; and ➤ assist in hair cut and coloring. ➤ give basic massage manipulation for facial. ➤ select cream and pack according to skin type; ➤ undertake facial massage with hands and vibration; ➤ undertake different types of facial-dry skin facial, thermoherb facial, oily skin facial, galvanic facial and facial with items.

	Approx. hrs.
8. Registration, Inauguration, introduction and objectives of the course	2

9. Course content			
Practical Competencies	Hours	Under pinning Knowledge(Theory)	Hours
Safety Precautions	0	Importance of safe handling of inflammable oil, cosmetics, material and equipment.	2
• Practice in safe working procedures and observe the necessary precautions.	2	Safety and health regulations.	1
• Observe safety producers when handling electrical equipment.	1	Personal Hygiene.	2
• Basic first aid for cuts and burns.	2	Protective clothing and equipment.	1
• Maintain good housekeeping.	2	Good housekeeping.	1
Sterilization and Sanitation	0	First aid treatment for burns, minor cuts, foreign body in the eye including chemicals.	2
• Procedure to sterilization and sanitation.	4	Desirable qualities for good human relationship.	2
• Chemical sanitizing and sterilizing agents.	2	Importance and qualities of a pleasing personality.	2
• Public sanitation.	2	Importance of good ethics.	2
Professional Ethics	0	Various nail shapes for hands and feet.	1
• A professional attitude towards client.	2	Importance for identifying nail disease & disorder.	2
• Communication skill.	4	Meaning of superfluous hair.	1

Manicure and Pedicure	0	Cause of superfluous hair.	1
• Identify, select and arrange tools and equipment for manicure and pedicure.	2	Methods of hair removal.	1
• Preparation of client for manicure and pedicure.	3	Epilation – waxing, threading.	1
• Perform manicure/pedicure by cleaning, shaping, moisturizing, massaging and polishing with nail polish.	4	Depilation – Chemical.	1
• Practice of putting Mehendi on hands and feet with cone, stick and fingers (for different occasion).	6	Methods of bleaching facial and body hair.	1
• Practice of putting sticker mehendi, colorful sparkle mehendi, kundan mehendi and mehendi with block.	6	Powder bleach.	1
Removal of superfluous hair	0	Cream bleach.	1
• Identify various types of hair removal treatments.	2	Importance of allergy test.	1
• Carry out various procedures for superfluous hair removal.	2	• Types of hair.	1
• Remove hair using : Temporary method/ depilatory.	3	• Importance and benefits of scalp massage.	1
Eye Brow Shaping	0	• Types of shampoos and rinses.	1
• Removing hair with thread.	3	• Knowledge of hair texture.	1
• Removing hair with tweezer.	3	• Correct use of cutting equipments.	1
• Measurement of eyebrows for correct length and arch.	2	• Factors to be considered while cutting wet and dry hair.	1
• Cleaning of eyebrows.	2	• Different techniques for styling hair.	1
• Shaping of Eye brows.	3	• Blow drying – sectioning.	1
Bleaching	0	• Basic law of hair color.	1
• Preparation of client and trolley for bleaching.	4	• Classification of hair color.	1
• Preparation of bleach pack.	4	• Temporary Color.	1
• Practice of allergy test for bleaching.	4	• Permanent Color.	1
• Practice in application of bleaching pack.	4	• Allergy test.	1
• Uses of various types of Bleaches.	4		
Hair	0		
• Application of oil.	2		
• Practice of different types of manipulation.	4		
• Preparation of client and trolley for shampooing.	2		
• Use of shampoos and rinses.	4		
Hair Cutting	0		
• Practice of holding scissors and comb.	3		

• Sectioning procedure for hair.	3		
• Trimming and blunt cut.	3		
• Practice of cutting wet and dry hair.	3		
• Drying and setting hair with hand dryer.	3		
Hair Coloring	0		
• Analysis of scalp and hair.	3		
• Skin test / Patch test.	3		
• Practice of application of hair color – vegetable & chemical dyes.	3		
Facial Therapy	0		
• Practice of massage manipulation on face • Recognise different skin types • Selection of cream and pack according to skin type • Practice in cleansing face and neck thoroughly • Practice in facial massage with hands and vibration • Extracting back heads and white heads • Application of scrub/ giving steam etc • Application of face pack/ Mask • Practice in giving different types of facials • Dry skin facial • Thermoherb facial-banana facial, hot oil mask treatment, paraffin mask treatment • Oily skin facial • Galvanic facial, juice facial, fruit facial, 'AHA' facial, vegetable peeling facial, oxygen facial, serum & microbilifting facial for wrinkle treatment • Silver/gold/pearl facial	84	<ul style="list-style-type: none"> • Knowledge and analysis of skin • Types of skin – normal, dry, oily, combination, tired, sensitive, aged/ wrinkled • Different types of face pack for different types of skin • Benefits of face pack mask 	30
		Entrepreneurship & Soft Skills and Computer Literacy Module:	0
		• Entrepreneurship – its necessity and charms of being an entrepreneur.	1
		• Who is an entrepreneur and characteristics of a successful Entrepreneur?	2
		• How to identify Business opportunities?	2
		• Steps for setting up a small scale venture.	1
		• Institutional support for entrepreneurship (whom to contact for what)	2

		<ul style="list-style-type: none"> Government (Central/ State) Schemes and assistance from Banks/ other financial institutions - Procedures and formalities for getting loan. 	2
		<ul style="list-style-type: none"> How to prepare Business plan? 	2
		<ul style="list-style-type: none"> Financial literacy-Costing, Pricing, Profitability and Break Even Analysis. 	2
		<ul style="list-style-type: none"> Cash management in small enterprises. 	2
		<ul style="list-style-type: none"> Accounting and Book Keeping 	2
		<ul style="list-style-type: none"> Introduction to Taxation 	1
		<ul style="list-style-type: none"> Shop and Establishment Act and its provisions. 	1
		<ul style="list-style-type: none"> Creativity, Problem solving & decision making. 	1
		<ul style="list-style-type: none"> Common mistakes generally made by entrepreneurs. 	1
		<ul style="list-style-type: none"> Interaction with successful entrepreneur and success stories. 	2
		<ul style="list-style-type: none"> Communication and Negotiation skills. 	1
		<ul style="list-style-type: none"> Interpersonal skills 	1
		<ul style="list-style-type: none"> How to Deal with customer attitude – Effective selling. 	1
		<ul style="list-style-type: none"> Marketing – Basic concepts/ Skills and effective mode of advertising. 	1
		<ul style="list-style-type: none"> Introduction to e-commerce. 	2
Computer Fundamentals Customize the Desktop Environment e.g. Desktop, Start Menu, and Taskbar etc. Configuring & Migrating Files, Folders & Settings - Folder Views, Accessibility Settings	2	Computer Fundamentals, MS-Office & Internet introduction to Computers History of Computers Components of Hardware Peripherals	1
MS Word Creating, Organizing & Formatting Content Collaborating – Merge, Insert, View, Edit, Track Mode etc. Formatting & Managing Documents	4	Concept of Operating System – Windows XP, Exploring & Configuring the Windows XP Desktop Environment-Customize the Desktop, Start Menu, and Taskbar etc. Configuring & Migrating Files, Folders	1
MS Excel Creating, Analyzing & Formatting Data & Content Collaborating - Insert, View, Edit etc. Managing Workbooks	3	Settings - Folder Views, Accessibility Settings Features of Windows XP Understanding concepts of Word processing using MS-Word	1
MS PowerPoint Creating & Formatting Content Collaborating - Track, Edit, Add,	3	Understanding concepts of Electronic spreadsheet and various types of entries in it	

Delete Comments, Merge Managing & Delivering Presentations			
Internet Concepts Opening websites and downloading data Writing, reading and sending emails	4	Understanding concepts of URL Creating and Opening an E-mail account. Receiving and sending emails Searching information on Internet.	1
Approx. Total Practical hours	218	Approx. Total Theory hours	104
Grand Total (2+218+104)			324

10. Tools, Equipments and Material for a batch of 30 trainees					
S.No.	Item	Quantity	S.No.	Item	Quantity
1	Wax heater	2	1	Shampoo	As required
2	Trolleys	2	2	Disinfectants	As required
3	Bleach brush	6	3	Nail Colors	As required
4	Bowls	6	4	Powder bleach	As required
5	Spatula	6	5	Cream Bleach	As required
6	Facial Steamer	2	6	Cold wax	As required
7	Black head remover	1	7	Hot wax	As required
8	Manicure set	6	8	Hydrogen Peroxide	As required
9	Pedicure set	6	9	Acetone	As required
10	Pedicure tub	6	10	Base coat	As required
11	Chowkies	6	11	Cuticle softener	As required
12	Stools	6	12	Henna	As required
13	Facial bed	2	13	Design Blocks	As required
14	Manicure tables	2	14	Glitters	As required
15	Tweezers	6	15	Thread	As required
16	Scissors	6	16	Talcum Powder	As required
17	Sterling Units	2	17	Cold cream	As required
18	Foot scraper	6	18	Cleansing milk	As required
19	Slithering Shears Comp	6	19	Moisturizing lotion	As required
20	Tail Comp	6	20	Astringent	6
21	Setting Clips	6	21	Scrub	6
22	Hair Cutting Sheet	6	22	Different face packs/ Masks -ve & +ve gel for galvanic	6 each
23	Clipper	6	23	Specific cosmetics required for different facial	As required
24	Dye brush	6			
25	Hot and cold spray unit	1			
26	Back wash chair	6			
27	Dressing out chair	6			
28	Facial sauna	6			
29	Head band	6			
30	Galvanic machine	6			
31	Brushing unit	6			
32	Dermascope along with ionize, suction unit, spray unit, wood lamp, ozone	3			
33	Vibro massage	6			
34	Infra red lamp	3			
35	High frequency	As required			

Note: In case any particular tool/equipment has appeared more than once in the tool and equipment list given above, please ignore the same.

Questions:

1. Give facial treatment for dry skin using hot oil gauze mask.

2. Give facial treatment to a teenager having black heads and white heads.
3. Demonstrate facial for combination skin.
4. Demonstrate thermoherb / fruit facial.

S.No.	Item	Quantity	S.No.	Item	Quantity
	Hardware			Software:	
1	Computers/Laptops	10 (one for three trainee)	6	Microsoft Windows 7/8/10 or UNIX/ LINUX or latest software	For all Systems
2	Power backup	For all Systems	7	Microsoft Office 2007/ 2010/ 2013 or latest software	For all Systems
3	Inkjet/Laser Printer (Network/USB Printer)	1	8	Antivirus Software (TVD/ Norton/ Quick Heal Total Security/ Kaspersky/ Any Popular brand)	For all Systems
4	Speaker	1	9	Internet Connection	For all Systems
5	Spare H/W components	As per requirement			